

Name\_

year \_\_\_\_

Use the space provided on each page to draw a picture, or write some of your thoughts and feelings about ramadan and fasting

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# 1<sup>st</sup> Ramadan Date:\_

Muhammad (saw) said:

"When the first night of Ramadan dawns (comes), the doors of the skies are opened, and none of its doors are then closed until the last night of Ramadan. No mu'min servant ( of Allah) performs salaah during its night (any night of Ramadan), but Allah will record for him one thousand five hundred hasanah (rewards) for every sajdah that he makes. And Allah will build a home for him in Jannah made out of red ruby, which will have sixty thousand doors, each of its doors having (interlinked to, leading to) a palace made out of gold, ornamented (beautified and decorated) with rubies. Thus, when he (the mu?min) fasts on the first day of Ramadan, all his past sins are pardoned, and seventy thousand malaaika make istighfar for him, daily, from the time of the fajr salaah, until the sun sets. And for every sajdah that he makes during Ramadan, either by day or by night, there will be for him a tree, (in Jannah, so huge that) a person on horseback will ride in its shade for five hundred years."

Baijaqi, Targheeb

I prayed all 5 prayers on time 🔲

J

#### 2<sup>nd</sup> Ramadan Date:

#### Samaan (R.Q.) reports: "On the last day of Sha'baan the Messenger of Allah (saw) addressed us and said:

'O people, there comes over you now a great month, a most blessed month in which lies a night more greater in virtue than one thousand months. It is a month in which Allah has made Sunnah the Taraweeh by night. Whosoever intends drawing nearer to Allah by performing any virtuous deed, for him shall be the reward like him who had performed a Fardh in any other time. And whoever performs a Fardh, for him shall be the reward of seventy Fardh in any other time. This is indeed the month of patience, and the reward for true patience is Jannah (paradise). It is the month of sympathy with one's fellow men. It is the month wherein a true believer's rizg is increased. Whosoever feeds another who fasted, in order to break the fast (at sunset), for him there shall be forgiveness for his sins and emancipation from the fire of Jahannam (hell), and for him shall be the same reward as him (whom he fed) without that person's reward being decreased in the least ... '."

I prayed all 5 prayers on time today 🔲 I read Quran today 🗌

Date:\_

Narrated by Abu Huraira (Radhiallaho anho) The Prophet ﷺ said,:

"Traveling is a kind of torture as it prevents one from eating, drinking and sleeping properly. So, when one's needs are fulfilled, one should return quickly to one's family."

Sahih Bukhari, Volume 3, Number 31

] prayed all 5 prayers on time today 🗌 🛛 I read Quran today 🔲

Date:

Narrated Sahl bin Sad

Allah's Apostle said, "The people will remain on the right path as long as they hasten the breaking of the fast."

Sahih Bukhari, Vol. 3, Book 31, Number 178

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

Date:

#### Narrated Abu Hurayrah [Ahmad and Nasa'i transmitted it.]:

Allah's Messenger said, "Ramadan, a blessed month, has come to you during which Allah has made it obligatory for you to fast. In it the gates of Heaven are opened, the gates of al-Jahim are locked, and the rebellious devils are chained. In it Allah has a night which is better than a thousand months. He who is deprived of its good has indeed suffered deprivation."

Tirmidhi, Number 1962

J prayed all 5 prayers on time today 🔲 J read Quran today 🔲

6<sup>th</sup> Ramadan

Date:\_\_

Sahl ibn Sa'd reported that the Prophet said:

"There is a gate to Paradise that is called ar-Rayyan. On the Day of Resurrection it will say: 'Where are those who fasted?' When the last [one] has passed through the gate, it will be locked."

Bukhari, Muslim.

I prayed all 5 prayers on time today 🗌 🛛 I read Quran today 🔲

Date:\_\_

Narrated Anas bin Malik

The Prophet said, "Take Suhur as there is a blessing in it." *Sahih Bukhari, Vol.3, Book 31, Number 146* 

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲



Date:

On the authority of Abu Harayrah (may Allah be pleased with him) from the Prophet ﷺ, who said:

Allah (mighty and sublime be He) says: The first of his actions for which a servant of Allah will be held accountable on the Day of Resurrection will be his prayers. If they are in order, then he will have prospered and succeeded: and if they are wanting, then he will have failed and lost. If there is something defective in his obligatory prayers, the Lord (glorified and exalted be He) will say: See if My servant has any supererogatory prayers with which may be completed that which was defective in his obligatory prayers. Then the rest of his actions will be judged in like fashion.

At-Tirmidhi, Abu Dawud, an-Nasa'i, Ibn Majah, Ahmad

J prayed all 5 prayers on time today □ J read Quran today □

Date:

Narrated 'Vbada bin As-Samit:

The Prophet came out to inform us about the Night of Qadr but two Muslims were quarreling with each other. So, the Prophet said, "I came out to inform you about the Night of Qadr but such-and-such persons were quarreling, so the news about it had been taken away; yet that might be for your own good, so search for it on the 29th, 27th and 25th (of Ramadan).

Sahih Bukhair, Volume 3, Book 32, Number 240

] prayed all 5 prayers on time today 🔲 🛛 I read Quran today 🔲

Date:

Narrated Anas The Prophet said:

"Do not practice Al-Wisal (fasting continuously without breaking one's fast in the evening or eating before the following dawn)." The people said to the Prophet, "But you practice Al-Wisal?" The Prophet replied, "I am not like any of you, for I am given food and drink (by Allah) during the night."

Sahih Bukhari, Vol. 3, Book 31, Number 182,

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

Date:

Hadhrat Abu bin Umar (Allah be pleased with him) narrates that Muhammad said:

"Fasting and the Qu'ran will intercede on behalf of one on the Day of Qiyaamah. The Fast will proclaim: 'O Allah! I prevented him from eating at carnal desire. Therefore for my sake accept my intercession on his behalf.' The Qu'ran will proclaim: 'I prevented him from sleep. Therefore accept my intercession on his behalf.' The intercession of both will be accepted."

Ahmad, Tibrani, Hakim.

I prayed all 5 prayers on time today 🔲 I read Quran today 🔲

Date:

#### Jaabir (radhiAllaahu 'anhu) reported that the Messenger of Allah ﷺ said:

"There are in the month of Ramadaan in every day and night, those whom Allah grants freedom from the Fire, and there is for every Muslim a supplication which he can make and it will be granted."

Musnad Ahmad.

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

Date:

#### Narrated Anas ibn Malik; Vbayy ibn Ka'b

The Prophet was accustomed to engage in private devotion in the mosque during the last ten nights of Ramadan; but one year he omitted it and he engaged in it for twenty nights the next year.

[Tirmidhi transmitted it, and AbuDawud and Ibn Majah transmitted it from Ubayy ibn Ka'b.]

Tirmidhi, Number 2102

] prayed all 5 prayers on time today 🔲 🤉 I read Quran today 🔲

Date:

Narrated Abu Huraira:

I heard Allah's Apostle saying regarding Ramadan, "Whoever prayed at night in it (the month of Ramadan) out of sincere Faith and hoping for a reward from Allah, then all his previous sins will be forgiven."

Sahih Bukhari, Volume 3, Book 32, Number 226

] prayed all 5 prayers on time today 🔲 🤉 J read Quran today 🔲

Date:

Abu Vmamah reported:

"I came to the Messenger of Allah and said: 'Order me to do a deed that will allow me to enter Paradise.' He said: 'Stick to fasting, as there is no equivalent to it.' Then I came to him again and he said: 'Stick to fasting.'"

Ahmad, an-Nasa'i, al-Hakim.

] prayed all 5 prayers on time today  $\Box$  ] read Quran today  $\Box$ 

Date:

#### Abu Hurairah reported the Messenger of Allah ﷺ saying:

"Allah said: 'Every action of the son of Adam is for him except fasting, for that is solely for Me. I give the reward for it.' The fast is a shield. If one is fasting, he should not use foul language, raise his voice, or behave foolishly. If someone reviles him or fights with him he should say, 'I am fasting,' twice. By the One in whose hand is the soul of Muhammad, the [bad] breath of the one who is fasting is better in the sight of Allah on the Day of Resurrection than the smell of musk. The one who is fasting is happy at two times: when he breaks his fast he is happy with it, and when he meets his Lord he will be happy that he has fasted."

Ahmad, Muslim, an-Nasa'i.

] prayed all 5 prayers on time today  $\Box$  ] read Quran today  $\Box$ 



Date:

Hadhrat Abu Hurairah (Allah be pleased with him) narrates that Muhammad said: "Keep fasting and you will remain healthy."

Tibrani.

] prayed all 5 prayers on time today 🔲 🛛 I read Quran today 🔲

Date:

#### Narrated Anas bin Malik

We used to travel with the Prophet and neither did the fasting persons criticize those who were not fasting, nor did those who were not fasting criticize the fasting ones.

Sahih Bukhari, Vol. 3, Book 31, Number 168

] prayed all 5 prayer	's on time today 🗌	I read Quran today 🗌
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Date:\_\_

#### Abu Vmamah reported:

"I came to the Messenger of Allah and said: 'Order me to do a deed that will allow me to enter Paradise.' He said: 'Stick to fasting, as there is no equivalent to it.' Then I came to him again and he said: 'Stick to fasting.'"

Ahmad, an-Nasa'i, al-Hakim.

] prayed all 5 prayers on time today  $\Box$  ] read Quran today  $\Box$ 

#### Date:

#### Narrated AbuHurayrah [Tirmidhi transmitted it.]

Allah's Messenger said, that Allah Most High said, "Those of my servants who are quickest in breaking their fast are dearest to me."

Tirmidhi, Number 1989

] prayed all 5 prayers on time today  $\Box$  ] read Quran today  $\Box$ 

#### Date:\_\_

#### Narrated 'Aisha: Allah's Apostle said,

"Search for the Night of Qadr in the odd nights of the last ten days of Ramadan."

Sahih Bukhari, Volume 3, Book 32, Number 234

] prayed all 5 prayers on time today 🔲 🛛 I read Quran today 🔲

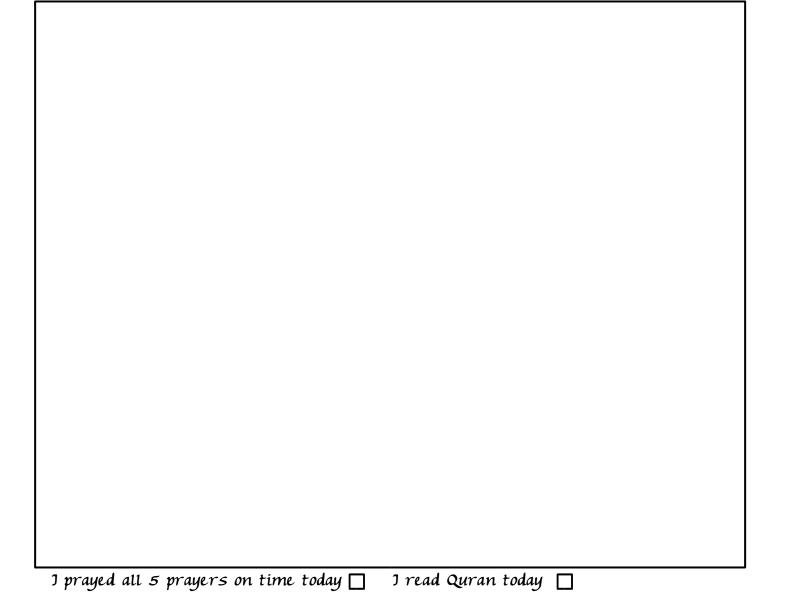
22<sup>nd</sup> Ramadan

Date:

Hadhrat Abu Hurairah (Allah be pleased with him) in a lengthy hadith, narrates that Muhammad (saw) said:

"I swear by That Being in Whose possession is the life of Muhammad! The odour of the mouth of a fasting person is sweeter to Allah Ta'ala than the fragrance of musk."

Bukhari.



Date:

#### Narrated Anas ibn Malik [Bayhaqi transmitted it in Shu'ab al-Iman.]:

Allah's Messenger said that when Laylat al-Qadr comes, Gabriel descends with a company of angels who invoke blessings on ever who is standing or sitting and remembering Allah, who is Great and Glorious. Then when their festival day comes, i.e. the day when they break their fast, Allah speaks proudly of them to His angels saying, "My angels, what is the reward of a hired servant who has fully accomplished his work?" They reply, "Our Lord, his reward is that he should be paid his wage in full." He says, "My angels, My male and female servants have fulfilled what I have made obligatory for them, and then have come out raising their voices in supplication. By My might, glory, honour, high dignity and exalted station, I shall certainly answer them." Then He says, "Return, for I have forgiven you and changed your evil deeds into good deeds." He said that they then returned having received forgiveness.

Tirmidhi, Number 2096

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

24<sup>th</sup> Ramadan

Date:

#### On the authority of Abu Harayrah (may Allah be pleased with him) from the Prophet ﷺ, who said:

"Allah (mighty and sublime be He) says: 'Fasting is Mine and it I who give reward for it. [A man] gives up his passion, his food and his drink for my sake. Fasting is like a shield, and he who fasts has two joys: a joy whin he breaks his fast and a joy when he meets his Lord. The change in the breath of the mouth of him who fasts is better in Allah's estimation than the smell of musk."

Bukhari, Muslim, Malik, Tirmidhi, Nasa'i, Ibn Majah.

] prayed all 5 prayers on time today  $\Box$  ] read Quran today  $\Box$ 

#### Date:

#### Narrated Aisha:

With the start of the last ten days of Ramadan, the Prophet used to tighten his waist belt (i.e. work hard) and used to pray all the night, and used to keep his family awake for the prayers.

Sahih Bukhari, Volume 3, Book 32, Number 241

] prayed all 5 prayers on time today 🔲 🛛 I read Quran today 🔲

26<sup>th</sup> Ramadan

Date:\_\_\_\_

Muhammad (saw) said:

"Fasting is a shield and a powerful fortress."

Ahmad, Baihaqi.

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

Date:\_

Hadhrat Abu Hurairah (Allah be pleased with him) narrates that Muhammad said:

"Every person has a zakaat (to pay) and the zakaat of the body is fasting."

Ibn Majah.

] prayed all 5 prayers on time today 🔲 🛛 J read Quran today 🔲

28<sup>th</sup> Ramadan

Date:

#### Muhammad said:

"Allah Ta'Ala has ordained fasting in Ramadhan compulsory, and I have decreed (by the command of Allah) wakefulness at night (i.e. Taraweeh, etc.) Sunnat. Whoever in the state of Imaan and the belief of thawaab fasts in Ramadhan and stays awake at night (i.e. for taraweeh), emerges from sin, purified as the day when his mother gave birth to him."

Nisai.

J prayed all 5	prayers on	time today 🔲	I read Quran i	today 🔲
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Date:

The Messenger of Allah ﷺ said,

"There are three whose supplications are not rejected : the fasting person when he breaks his fast, the just ruler and the supplication of the oppressed."

Tirmidhi, Ibn Majah.

] prayed all 5 prayers on time today 🔲 🤇 ] read Quran today 🔲

30<sup>th</sup> Ramadan

#### Date:\_

#### Ali (radiallahu anhu) narrates that Rasulullah (sallallahu alayhi wasallam) said to Faatimah (radiallahu anha):

"0 Faatimah! Get up and be present at your Qurbaani (when it is about to be slaughtered). All your sins are forgiven as the first drop of its blood reaches the earth. Remember that on the Day of Qurbaani its flesh and blood will be brought and after increasing it by seventy times, it will be placed in your Scale of good deeds." Its flesh and blood will be brought and after increasing it by seventy times, it will be placed in your Scale of good deeds." Its flesh and blood will be brought and after increasing it by seventy times, it will be placed in your Scale of good deeds." Abu Saeed (radiallahu anhu) asked: "O Rasulullah! Is this reward exclusive for the Family of Muhammad? Truly, they deserve such great thawaab (reward) - or is this thawaab for all Muslims as well?" Rasulullah (sallallahu alayhi wasallam) said, "For the Family of Muhammad as well as for all Muslims in general." Rasulullah (sallallahu alayhi wasallam) said, "The Qurbaani rendered wholeheartedly, happily and with sincerity of intention will on the Day of Qiyaamah be a shield against Jahannum for the sacrificer."

] prayed all 5 prayers on time today 🔲 🤉 I read Quran today 🔲